

*... adding new values to your organization's human resources*

**Most of us feel there is nothing we can do for Peace.**

**Here are a few simple ideas of things you can do for Peace. Choose one! Know that you can help to create a world where Peace comes naturally.**

1. **Convince yourself that Peace is possible.**  
It's hard to work for something you don't believe in.
2. **Have faith in the human spirit.**  
We have in us the capacity to live together in Peace.
3. **Study the causes of violence.**  
War is only one of the ways humans oppress each other.
4. **Strive for love and unity within your own family.**  
The family is the building block of civilisation.
5. **Think of people from other countries as your brothers.**  
It is hard to think of bombing your brother.
6. **Look for similarities between religions.**  
Every major religion promises an age of Peace, so why argue?
7. **Listen carefully to the voice of women.**  
It is the feminine qualities of compassion, mercy, empathy and cooperation that make peace possible.
8. **Make friends with someone from a different race.**  
When different races love each other, so can rival nations.
9. **Work to improve the quality of education – where you live and worldwide.** The more we learn, the more we realise that we are all the same and learn to respect and tolerate each other.
10. **Learn another language and/or travel overseas.**  
Being able to speak with people from other countries makes us feel closer to them.

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